

# 1991 Region 8A Girls Championship at Roseau on Saturday, June 1st

**Teams:** East Grand Forks 48, Marshall County South 37, Stephen 34, Marshall County Central-Middle River 32, Fosston 30, Park Rapids 30, Roseau 30, Tri-County 26, Ada-Borup 24, Norman County West-Climax 24, Cass Lake 22, EGF Sacred Heart 22, Waubun 21, Bagley 18, Northome-Kelliher 17, Red Lake Falls 16, Walker-Hackensack 14, Clearbrook-Gonvick 14, Hallock-Kennedy-Kittson County North 13, Warroad 12, Norman County West-Climax 10, Red Lake County Central 3, Fisher 3, Blackduck 2, Mahnomen 1.

## 100

- 1 Amber Bohman, PR 12.74
- 2 Charity Sjodin, T-C 12.80
- 3 Melanie Peterson, H-K-K 12.86
- 4 Nicky Demarais, RLF 12.98
- 5 Jami Koepsell, PR 12.99
- 6 Michelle Johnson, Foss 13.20

## 200

- 1 Amber Bohman, PR 25.92
- 2 Charity Sjodin, T-C 26.22
- 3 Melanie Peterson, H-K-K 26.59
- 4 Michelle Johnson, Foss 26.60
- 5 Laquisha Maxwell, Crook 26.70
- 6 Raeann Watt, EGF 27.05

## 400

- 1 Erin Bly, Waub 59.89
- 2 Shelly Foster, CL 60.57
- 3 Darcy Kuznis, Steph 61.20
- 4 Charissa Lundbohm, Ros 61.58
- 5 Michelle Bervig, NCW-C 62.36
- 6 Jami McArthur, Waub 62.41

## 800

- 1 Erin Bly, Waub 2:22.1
- 2 Michelle Bervig, NCW-C 2:23.7
- 3 Nikki Hegland, CL 2:25.0
- 4 Kari Stewart, Foss 2:26.6
- 5 Shana Mitzel, EGF 2:28.2
- 6 Shannon Budd, Foss 2:28.5

## 1600

- 1 Jennifer Diedrich, MCS 5:14.17 \*\*
- 2 Andrea Nelson, N-K 5:31.01
- 3 Theresa McCabe, Ros 5:37.29
- 4 Kandy Moose, MCC-MR 5:52.50
- 5 Brenna Anderson, Foss 5:52.85
- 6 Heather Arntzen, Warr 5:55.14

## 3200

- 1 Jennifer Diedrich, MCS 11:34.47 \*\*
- 2 Theresa McCabe, Ros 12:16.68
- 3 Janine Diedrich, MCS 12:26.19
- 4 Heather Parr, EGF 12:34.61
- 5 Gail Kaiser, Bag 12:43.45
- 6 Rachel Anderson, Foss 12:46.47

## 100 Hurdles (33")

- 1 Nicky Demarais, RLF 16.22
- 2 Heidi Lochow, MCS 16.37
- 3 Tracy Safranski, Steph 16.66
- 4 Janelle Brendalen, C-G 16.67
- 5 Karina Estling, Warr 17.14
- 6 Karina Jordahl, Fish 17.16

## 300 Hurdles (30")

- 1 Janelle Brendalen, C-G 48.25
- 2 Amy Ladassor, Bag 48.26
- 3 Tracy Safranski, Steph 48.27
- 4 Karina Estling, Warr 48.31
- 5 Tara Wold 48.67
- 6 Holly Carlson, Warr 48.90

## 4x100 Relay

- 1 Tri-County 51.07 \*\* (C Kasprovicz, A Eeg, T Hager, C Sjodin)
- 2 Park Rapids 51.33
- 3 Ada-Borup 52.71
- 4 EGF Sacred Heart 53.18
- 5 Red Lake Falls 53.21
- 6 Roseau 53.35

## 4x200 Relay

- 1 East Grand Forks 1:47.15 \*\* (R Watt, K Hjelle, H Amundson, T Hecht)
- 2 Roseau 1:49.14
- 3 Stephen 1:51.67
- 4 Walker-H 1:52.19
- 5 Bagley 1:53.06
- 6 Mahnomen 1:53.71

## 4x400 Relay

- 1 Stephen 4:08.22 \*\* (Safranski, R Kazmierczak, K Field, D Kuznia)
- 2 East Grand Forks 4:13.79
- 3 Fosston 4:18.59
- 4 Warroad 4:20.13
- 5 Northome-Kelliher 4:23.61
- 6 Crookston 4:20.69

## 4x800 Relay

- 1 Fosston 10:11.70 (R Anderson, S Budd, C Tranby, K Stewart)
- 2 Cass Lake 10:19.44
- 3 Bagley 10:33.10
- 4 East Grand Forks 10:33.43
- 5 MCC-MR 10:38.05
- 6 Hallock-K-KCN 10:48.70

## Shot Put

- 1 Kristi Wavra, SH 41-1.75
- 2 Sara Lokstad, MCC-MR 36-1.25
- 3 Terri Ellis, EGF 35-0
- 4 Darcene Moen, MCC-MR 34-8.75
- 5 Michelle Wagner, A-B 34-0
- 6 Dawn Baumgartner, EGF 33-9.75

## Discus Throw

- 1 Sue DeMars, W-H 141-1
- 2 Kristi Wavra, SH 134-7
- 3 Michelle Wagner, A-B 128-5
- 4 Darcene Moen, MCC-MR 115-7
- 5 Karina Jordahl, Fish 110-2
- 6 Robyn Egeland, EGF 104-5

## Long Jump

- 1 Amy Leiran, A-B 16-6.5
- 2 Raeann Watt, EGF 16-2.75
- 3 Roxy Linder, N-K 16-1.5
- 4 Tara Hecht, EGF 16-0.5
- 5 Dayna Anderson, Blackd 15-11.5
- 6 Kara Olson, Ros 15-10.25

## High Jump

- 1 Kinzie Anderson, MCC-MR 5-0
- 2 Heidi Heden, NCW 4-11
- 3 Marcia Nichols, NCW 4-10
- t4 Kori Gowan, MCS 4-10
- t4 Sara Radniecki, RLCC 4-10
- 6 Roxy Linder, N-K 4-10

\* Ties Meet Record

\*\* New Meet Record

**Notes:** Paula Hedlund coached East Grand Forks.